

VILLAGE OF IRVINGTON RECREATION & PARKS DEPARTMENT



Village of Irvington Recreation and Parks Department

71 Main Street, Irvington, New York 10533 (914) 591-7736 or (914) 591-7762 FAX: (914) 591-7110

VILLAGE HALL

Donald P. Marra, Village Administrator Lawrence S. Schopfer, Village Clerk/Treasurer Edward Ritter, Deputy Clerk/Treasurer

RECREATION COMMISSION

Jim Brennen, Chairman Florence Audevard Norah Clarke Michael Glantz Robert Munigle

DEPARTMENT OF RECREATION AND PARKS

Joseph D. Archino, Superintendent
Maureen E. DePaoli, Assistant Superintendent
Joan Armstrong, Senior Citizen Director
Laura Coapman, Office Manager
Christopher T. DePaoli, Parks Department Foreman
Scott Brennen, Recreation Attendant
Angela M. Linsalato, Recreation Assistant
Ray Cavallo, Recreation Specialist
Peter Warnke, Recreation Attendant

For Your Information:

Flyers containing information regarding classes and special events are distributed in Irvington schools. Families who do not have children attending these schools should call or visit the Recreation Department for information.

PROGRAM REGISTRATION INFORMATION

** Fall registration begins Saturday, September 10th from 10:30am – 12:30pm at the Recreation Department**

Office Hours:

9:00am to 5:00pm Monday through Friday

*In addition the office is open until 7:00pm most Wednesday evenings.

Location

I.K. Benjamin Community Center – 71 Main Street

Programs are available to the Village of Irvington and the Irvington School District residents. Registration is on a first come first serve basis and must be done in person at the Recreation Center.

Irvington residents and Irvington school district residents have priority when registering for programs. School District children and adults are entitled to attend all functions and events sponsored by the Recreation and Parks Department. However, an additional fee is required for most programs. Non-residents may register for programs at the designated time, and will need to pay a nonresident fee.

Registration for participants 18 years of age and younger must be done by his/her parent or guardian. Participants must be registered in order to participate in a class. If the name is not on the instructor's list, than that person will not be able to participate in that class.

Refer to program headings for specific dates and times.

Payment: Cash, checks or credit cards are appreciated at the time of registration. All checks or money orders must be made payable to the "Village of Irvington." There will be a \$15.00 service charge for checks returned because of insufficient funds. There will be a convenience charge of all credit card transactions.

Refunds:

Refunds are given when the Recreation and Parks Department needs to cancel a program. The Recreation Department has the right to cancel programs due to low enrollment. Refunds may be given only at the discretion of the Superintendent. Participants registering for programs late will have to pay the original fee. Fees will not be pro-rated.

Please Note:

Children's programs follow the school calendar. Please check the local cable channel 75 and newspapers for updated program information.

Accident Insurance: Accident insurance is not provided for participants' activities. It is recommended that all participants should obtain insurance to protect themselves or their children. Should an individual have an accident during a class or an event; he/she must submit a report to the Recreation Department within 24 hours of the incident. All participants enter programs at their own risk.

Community Bulletin Boards: Any groups or organizations interested in posting a sign on the bulletin board located on Broadway at the top of Main Street, must obtain permission from the Superintendent at # 591-7736. The maximum size of the sign should be: 4X4

VILLAGE OF IRVINGTON FACILITIES

PERMITS ARE REQUIRED FOR ALL PARKS

The Village of Irvington Recreation and Parks Department staff and police department check for park permits regularly. Residents should always carry permits with them when attending village parks and tennis courts.

Park permits will be available in May 2006.

Halsey Pond

Irvington's best-kept secret is located off Palliser Road. A scenic tranquil area for passive recreation activities. Park Permit and NY State fishing license are required. Park Hours: dawn to dusk. Limited parking is available on Havemeyer Road, Hamilton Road, and Palliser Road.

I.K. Benjamin Community Center

Location for the Irvington Recreation and Parks Department. Local groups may use the facility for meetings. Facility request forms are available at the office and must be submitted at least one month in advance by an Irvington Resident. The Village of Irvington reserves the right to refuse requests. Groups utilizing the site will be subject to cancellation, depending on the Recreation Department's needs. This facility is not available for private parties.

Matthiessen Park

One of the most beautiful parks along the Hudson River with a spectacular view. Park facilities include: playground unit, shuffle board courts, horse shoe pits, bocce court, spray pool, picnic tables and barbecue pits. Park requests are required for all private parties. Reminder: bicycles, pets, and vehicles are not allowed in parks.

Memorial Park

This park is accessible by Station Road or Dows Lane Road. The Memorial park includes two ball fields, one multi-use field, and three illuminated tennis courts. Tennis Court Hours: 8:00am - 11:00pm daily (during season). The Recreation Department reserves the right to utilize the tennis courts as needed for lessons. Reminder: bicycles, pets, and vehicles are not allowed in parks.

Senior Citizen Center

Located in the Scenic Hudson Park at Irvington, this facility is home to the Village Senior Citizen Program. It is also used for other department programs and services. For non-senior functions, contact 591-8365. See "Senior Citizen Program" section in this brochure for a detailed description of senior services. Building Caretaker: Herb Mueller.

Outdoor Lighted Basketball Court at Scenic Hudson Park

The "Friends of Bob Speisman" and the Village of Irvington made this great new addition to beautiful Scenic Hudson Park possible. The court is available for general play except when the Recreation and Parks Department schedules programs or activities. Contact Joe Archino at the Recreation Department for more information.

Scenic Hudson Park at Irvington- 29 Bridge Street Park Owners

The Scenic Hudson Park in Irvington is co-owned by the Village of Irvington and The Scenic Hudson Land Trust, Inc.

Location:

The Scenic Hudson Park is located on the Hudson River. Adjacent to the park is Bridge Street Properties. The park can be accessed via Bridge Street, a local street that is between and parallel, to the Hudson River and the Metro North railroad tracks.

Park Schedule: March to November - 7:00am -10:00pm December to February - 7:30am - 5:00pm

For permit information contact: The Superintendent of the Recreation and Parks Department.

Amenities

- Two regulation ball fields.
- Two playground areas for young children.
- Nearly one-mile of pathways on site.
- Approximately 4.5 acres of open land for passive recreation.
- Views of the Hudson Highlands and river.
- Senior Citizen Center in the renovated industrial office building.
- Boat launch for non-motorized, car-topped craft.
- 90+ parking spaces.
- Lighted basketball court

Scenic Hudson Park at Irvington Park Rules and Guidelines:

- No alcohol allowed in the park.
- No smoking allowed in the playground areas.
- Only licensed motorized vehicles permitted in the park.
- Only launching of non-motorized watercraft will be permitted at the boat launch.
- No trailers are allowed in the park.
- Park road speed limit is 9 m.p.h.
- No pets allowed.
- No bikes, roller blading, skating or scooters except when scheduled, and when these activities are scheduled, proper safety equipment is required.
- No open fires/barbeques or cooking.
- No tents or structures of any kind allowed.
- Use of athletic fields requires a permit.
- Groups of 12 or more must obtain a group park permit.
- Vending trucks must have a valid Irvington permit. No more than 2 vendors allowed in the park at one time.
- Fishing allowed in designated areas only.
- Objects, i.e. stakes are prohibited due to the parks protective liner.
- The Irvington Senior Citizen Center is for village residents only.
- No glass bottles of any kind allowed.
- No commuter or overnight parking allowed.
- No golf
- No swimming access allowed from the park.

Field Rental Policy

Any group or team interested in using Scenic Hudson Park athletic fields will need to complete a field rental application form, available at the Recreation and Parks Department office.

Please Help Us To Not Have To Cancel Great Programs!

Nothing imparts a recreation program faster than residents who wait until the last minute to register. There is a point when a program must be canceled or modified if there is insufficient registration. All programs require a high level of coordination often including facility scheduling, staffing, and purchasing of supplies. Please register on time!

Important Information: Most recreation programs will be offered again in January. Registration for the winter session will be held on Saturday, December 10th from 11:00am-1:00pm and then daily from 9:00am-5:00pm, until programs are filled. Programs that will be offered again include:

Music w/ Marc
Kidicorner I & II
Stepping Stones
Theatre Classes
Ballet – Children & Adults
Comics & Cartooning
Karate for Kids
Fitness Programs for Adults
Self Defense for Adults



TODDLER'S PROGRAMS

Music with Marc- 10 weeks Dates/Times:

Fridays 9:30am -10:15am Beginning September 23rd Senior Center Mondays 12:30pm - 1:15pm Beginning September 26th Rec. Center Wednesdays 9:10am - 9:55am Beginning September 28th Rec. Center

Ages: 12 months - 4 years old

Fee: Resident \$100 School District \$130 Non-Resident \$160

Location: See above **Instructor:** Marc Jacoby

Join Irvington's own "Marc the Music Man" as we sing, dance, clap, wiggle, hop, jump, and smile as Marc plays his guitar and instruments from all around the globe! Parent/Caregiver must attend with participant. Class size limited to twelve toddlers. Instructor must approve make-ups.

Kidicorner I (Parent/Caregiver and Toddler) - 10 weeks

Dates/Time: Tuesdays, 9:30am-10:20am Beginning September 27th

Ages: 12 to 24 months old.

Fee: Resident \$100 School District \$130 Non-Resident \$160

Location: I.K. Benjamin Community Center

Instructor: Diana Walpuck

Come join the fun! Our playgroup time includes: discussions, songs, story time, small snack, and toys. Parent/caregiver must attend class with participant. Class size is limited to ten toddlers.

Kidicorner II (Parent/Caregiver and Toddler)- 10 weeks

Dates/Time: Wednesdays, 10:20am -11:30am Beginning September 28th

Ages: 24 to 36 months old.

Fee: Resident \$110 School District \$140 Non-Resident \$170

Location: I.K. Benjamin Community Center.

Instructor: Shelly Colley

This "Parent and Me" class allows your child to become accustomed to a nursery school setting with free play, story time, snack, art activities, songs, and movement. While your child is meeting new children, you are participating in parenting discussions that pertain to your child's growth and development. Class size is limited to ten toddlers.

Stepping Stones (Drop-off program)- 10 Weeks

Dates/Time: Thursdays, 9:45am – 11:15am Beginning September 22nd and/or

Fridays, 9:45am – 11:15am Beginning September 23rd

Ages: 2 - 3 year olds

Fee Per Class: Resident \$125 School District \$155 Non-Resident \$185

Location: I.K. Benjamin Community Center **Instructors:** Shelly Colley and Michelle Fjalltoft

Introduce your child to a warm and nurturing nursery school setting that is directed by two experienced pre-school instructors. The morning begins with free-play that allows children to explore and learn in centers that includes housekeeping, blocks, dress-up and table-top manipulatives. The remaining part of the morning includes story time, snack, art activities, and music and movement. This class caters to a child who has never entered a nursery school environment or for a child who would like to add to his/her nursery school schedule. Class size limited to twelve toddlers.

For more information regarding toddler programs contact Maureen DePaoli.

CHILDREN'S THEATER & BALLET

THEATER CLASSES

Fairytale Theater- 10 weeks

Ages: 3 – 5 year olds Begins September 26th **Fee:** Resident \$115 School District \$145 Non-Resident \$175

Instructor: Jamie Ansley

Day/Time: Mondays, 1:40pm - 2:30pm or 2:40pm - 3:30pm

Play, pretend, move, imagine, and more! Children will enhance imagination, coordination, and creativity by learning fun and fanciful theater games. Class is limited to eight children.

Creative Dramatics- 10 weeks

Ages: K - 2nd grades Begins September 26th

Fee: Resident \$130 School District \$160 Non-Resident \$190

Instructor: Jamie Ansley

Day/Time: Mondays, 3:40pm - 4:40pm

Creativity is the key as children learn basic theater skills through theater games, storytelling, songs, and movement. Teamwork and socialization skills are emphasized.

Class size is limited to fourteen children.

Improvisational Acting- 10 weeks

Ages: 3rd - 6th grades Begins September 26th

Fee: Resident \$130 School District \$160 Non-Resident \$190

Instructor: Jamie Ansley

Day/Time: Mondays, 4:50pm - 5:50pm

Participants will be using theater props and their bodies to act out scenarios. The "actors" will also develop characters, original scenes, and stories. Class size is limited to fourteen children.

Ballet- 10 weeks

Date/Times:

Mondays, 5:30pm – 6:30pm 8 – 10 years old Begins September 26th

Thursdays, 4:00pm - 5:00pm 6 – 7 years old Begins September 22nd

Fridays, 3:30pm – 4:20pm 4 & 5 years old Begins September 23rd

Fridays, 4:35pm – 5:35pm 5 & 6 years old Begins September 23rd

Fee: Resident \$100 School District \$130 Non-Resident \$160

Location: I.K. Benjamin Community Center

Instructors: Donna Jakeway– Mondays, Lauren Sawchuk– Thursdays and Fridays. Class emphasizes basic principles, steps, and structure performed to classical music; props, and ballet barre provided. Encourages participant to develop motor coordination and concentration. Class size limited to eight children.

For more information regarding theater and ballet classes contact Maureen DePaoli.

YOUTH PROGRAMS

Comics and Cartooning - 10 weeks

Date: Thursdays, Beginning September 22^{nd} **Time:** 3:45pm - 4:45pm or 5:00pm - 6:00pm

Grades: 2nd - 5th

Fee: Resident \$100 School District \$130 Non-Resident \$160

Location: I.K. Benjamin Community Center

Instructor: Dave Elliott

The course will offer a brief introduction to the history and styles of comic storytelling from around the globe, while at the same time giving a series of lessons in drawing. Children will be given the opportunity to draw and paint their favorite comic and cartoon characters. Class size is limited to ten children.

Karate for Kids - 10 weeks

Date: Thursdays, Beginning September 22nd

Time: 6:00pm – 7:00pm **Ages:** 6 – 12 year olds.

Fee: Resident \$100 School District \$130 Non-Resident \$160

Location: Community Room at the Senior Center

Instructor: Alex Lavinio

Karate for Kids is designed to address self-defense fundamentals while contending with the traditional values of martial arts. This course is taught in a safe and compassionate environment that aims to enhance both self-defense skills and self-esteem. Class size limited to twelve children.

Introduction to Basketball - 6 weeks

Date: Saturdays, January 21, 28, February 4, 11, 18, March 4

Ages/Times: Kindergarten 10:15am – 11:30am, 1st grade 12:00pm – 1:15pm

Fee: Resident \$75 School District \$105 Non-Resident \$135

Location: Dows Lane Gym

Instructors: Chrissy Block, Erik Block and Kelly Halligan.

This program will introduce children to the game of basketball in a fun and non-competitive environment. Skills taught will be dribbling, shooting, passing and more! Class size limited to twenty children.

Registration begins December 10th.

For information regarding the above youth programs, contact Maureen DePaoli

YOUTH SPORTS PROGRAMS

Youth Tackle Football Program

Dates: Late August through mid-November

Ages: Junior Team- 3rd & 4th grade (in September 2005) Senior Team- 5th & 6th grade (in September 2005)

Fee: Resident \$175 School District \$205 Non - Resident \$235

Location: Memorial Park or Scenic Hudson Park

The Irvington Recreation Department will be sponsoring two youth football teams for the fall season. Our teams will play in the Scarsdale Youth Football League. Practices will begin in late August. Teams will practice at least two times per week and will play games every Saturday and some weekday evenings. The season will run until mid-November. Fee includes uniforms, equipment, and player's meal at end of season dinner. Height, weight, and age all play a factor in eligibility. A mandatory weigh-in will be held on September 12th or 13th. A copy of the player's birth certificate is REQUIRED at registration. There is a limit of 28 players per team. Registration began in June.

Youth Cheerleading Program

Dates: Late August through mid-November **Ages:** 2nd-6th grade (in September 2005)

Fee: Resident \$110 School District \$140 Non - Resident \$170

Location: Memorial Park or Scenic Hudson Park

The Irvington Recreation Department will once again sponsor two cheerleading teams for the fall season. The coaches will break the registered participants into two teams. Each team will have two practices per week and cheer for one of the football teams at their games. Fee includes full cheerleading uniform and player's meal at end of season dinner. Limit of 50 total participants. Registration began in June.

NFL Youth Flag Football

Dates/Time: Mondays, beginning September 26th 4:00pm – 5:00pm

Ages: 6-11 years old

Fee: Resident \$60 School District \$90 Supervisors: Michael Toolan and Erik Seman

This program introduces youngsters to the game of football and encourages the development of teamwork, physical fitness, and fun! This is a non-contact flag football league. For further information call Maureen DePaoli at the Recreation Department. Registration was held in June.

Spring Youth Baseball and Softball Program

The Irvington Recreation and Parks Department is sponsoring the Spring Baseball and Softball Leagues for the youth of the community, This program is designed to allow children with various skill levels to play in a fun and safe environment. The season will begin in mid-April and run through mid-June. This program is for children in Kindergarten through 15 years old. More information will be available in December. Registration takes place during the month of January.

A Special thank you to our sponsors who made the 2005 **Recreation Youth Baseball and Softball Program possible:**

Allan Block Insurance Agency

Bridge Street Properties

Community Hospital at Dobbs Ferry

Dominick's Limousine Service, Inc.

Eileen Fisher

Jan Hardware
Irvington PBA
Kasowitz, Benson, Torres & Friedman LLP
Kibel Co.
Kuckly Associates, Inc.
Aurphy Insurance Agency
cotty Electric
illman & F

Stillman & Friedman

Sunnyside Federal

YOUTH BASKETBALL PROGRAMS

1st & 2nd Grade Basketball Program - 6 Sessions

Dates: Saturdays-Jan. 14, 21, 28, Feb. 4, 11, 18 **Snow Date**: March 4th

Times: 10:00am-11:00am- Girls Session 11:15am-12:15pm- Boys Session

Grades: 1st & 2nd

Location: Main Street School Gym

Fee: Resident \$75.00 School District \$105.00 Non-Resident \$135.00

Instructor: Bill Ottivich

Registration: Begins October 24th

This program, which teaches kids the basic skills of basketball, is in its third year. There will be separate divisions for boys and girls. The participants will use smaller balls and will have extensions on the hoops to enhance success. Each participant will receive a t-shirt and award. See upcoming flyers for more information.

Youth Recreation Basketball Program- 10 Sessions

Dates: Saturdays- Dec. 10, 17, Jan. 7, 14, 21, 28, Feb. 4, 11, 18, March 4 **Snow Date:** Mar. 11, These dates may change based on the needs of the school district.

Times: 2:00pm - 3:30pm - Girls Sessions 3:30pm - 5:00pm - Boys Sessions

Grades: 3rd & 4th grade division and 5th & 6th grade division
Locations: High School Gym (Old Gym)- 3rd & 4th Grade
Campus Gym (New Gym)- 5th & 6th Grade

Fee: Resident \$110.00 School District \$140.00 Non-Resident \$170.00

Instructor: Bill Ottivich

Registration: Begins October 24th

This program is an instructional recreation program. The first three sessions of this program will be instructional skills sessions. The participants will then be able to put those skills into action during the in-house league that will make up the remainder of the program. Volunteer parent coaches are needed for this program. Depending on gym availability and coach's schedule, optional weeknight practices are a possibility. All participants will receive a t-shirt and award. See up coming flyers for more information.

7th-9th Grade Basketball Open Gym Dates: Monday nights starting *October 17th

Times: *7:30pm-9:00pm

*Dates & times subject to the School Districts needs; see upcoming flyers and web site for exact dates.

Grades: 7th-9th Graders
Location: High School Gym

Fee: Resident \$75.00 School District \$105.00 Non-Resident \$135.00

Registration: Begins September 10th

This is an open gym program consisting of free-play and pick-up basketball. If there are enough interested players in the program, it may be formed into a house league. A parent/guardian must register participants at Recreation Department.

YOUTH CLINICS

Youth Wrestling Clinic

*See upcoming flyers and web site posting for more information (www.irvingtonny.gov).

Ages: Current 4th, 5th, and 6th graders

Instructors: Eric Semen and Jim Matura-High School Varsity Wrestling Coaches **Fee:** Determined by length of program

This program will have weekday evening sessions during the fall and/or winter months. Please see up-coming flyers and web site postings for more information. This clinic will teach the basics of wrestling. There will be a minimum enrollment of registered participants required for this program to run.

Winter Youth Baseball and Softball Skills Clinics

*See upcoming flyers and web site posting for more information (www.irvingtonny.gov).

Grades: 1st-6th grade

Location: Main Street School Gym **Fee:** Determined by length of program

The Recreation Department will sponsor pre-season skill clinics for various age groups to prepare for the 2006 Spring Recreation Youth Baseball and Softball Season. Various experienced coaches will instruct these sessions. See upcoming flyers for more information. There will be a minimum enrollment of registered participants required for this program to run.

TEEN PROGRAMS

Open Gym- 12 Sessions

Date: Friday Evenings- Oct. 21, 28, Dec. 2, 16, Jan. 6, 13, 27, Feb. 3, 17,

Mar. 3, 10, 17

*This program follows the school weather cancellations. Dates may change based on the school district's needs.

Time: 7:00pm-8:15pm 4th & 5th grade

8:30pm-9:45pm 6th-8th grade

Location: Main Street School Gym **Fee:** \$10.00 per membership

This 12-session program provides an atmosphere for kids to enjoy free play. Sessions will be cancelled due to inclement weather, and will follow school cancellations. Any dates that are cancelled will be made up.

**Participants MUST be registered by a parent/guardian at the Recreation Department to be eligible for this program. 2004/05 Membership Cards will NOT allow you into this program. A parental permission slip is required; permission slips are available at the Recreation Department. No drop-ins allowed without registration form. A membership card will be issued to every registered member.

Teen Programs (con't)

Great Adventure —"Fright Night" Trip

Come ride Kingda Ka - the fastest, tallest, scariest roller coaster on the

planet!

Date: Saturday, October 22nd Time: 2:00pm – 11:00pm

Grades: 9 – 12

Fee: Resident-\$65.00 School Dist.-\$75.00 (includes admission and transportation) Enrollment: 40 participants (min of 30) Registration begins: September 1st

*Depart and Return – Main Street School Parking Lot



Killington Ski Trip 2006

Date: Fri-Sun, February 10th – 12th
Time: Depart 4:00pm - return 9:00pm

Grades: 6 – 12

Fee: Resident- \$400.00 School Dist. \$450.00 (trans., lift tickets, lodging and some meals included)

Enrollment: 32 participants (min of 28) Registration begins: November 28th Participants must bring own equipment

*Depart and Return – Main Street School Parking Lot



UPCOMING SUMMER 2006:

Summer Day Camp 2006

This camp program will be available to children from 3 years old through entering 8th grade. Registration will be held in April.

Teenscape-Summer Travel Camp 2006

Teenscape is a 5-week sport/travel camp for teenagers who are looking for a unique summer experience. Current 7th & 8th grade students are eligible. Various trips and activities will be scheduled each of the five weeks of camp. Teenscape is a camp that provides young adults with an opportunity to enjoy many amusement parks, educational, and sports related experiences. Every attempt will be made to expose campers to a variety of recreational activities. Trips will be designed to develop self and group responsibilities and awareness. Teenscape will stay in Irvington on various days and the focus of the camp will be sporting activities. Enrollment is limited to 44 campers. Registration will be held in March. Fees and more information will be available mid-February at the recreation department. Flyer and web site posting (www.irvingtonny.gov) will follow.

Ray's Excellent Adventure Part III

Join Ray as he ventures north to Lake Placid, New York for a thrill ride on an actual Olympic bobsled course. From there you will head to Montreal, Canada to go jet boating and roller coaster riding. Your next destination will be Toronto, Canada. There you will take in a Blue Jays baseball game. From Toronto, you will travel southeast to Niagara Falls. Once at the falls, you will take a hike behind the falls to get an up close and personal view of the water. If that's not enough adventure for you, your last stop will be at Six Flags Darien Lake for one last thrill on "Superman" ride of steel. This six-day adventure will be for current 9th - 11th grade students. More information including pricing and dates of trip, will be available after January 1st, 2006.

Adventure Trek Camp

The recreation department is currently looking into the idea of creating a travel adventure camp for high school students. This camp will be designed to meet the needs of those bored teens that are looking for something to do in the summer but aren't necessarily looking for a traditional camp environment. Under consideration is a three-week camp to be held during the month of July. Camp days will be Tuesdays, Wednesdays, and Thursdays. Each week there will be a fun mixture of outdoor adventure and recreational trips. Types of trips being considered at this time are: kayaking, amusement park, mountain biking, broadway play, professional baseball game, rock climbing, and sailing.

A questionnaire will be sent home to 9^{th} and 10^{th} grade students in the fall to help us get a better understanding of what teens might be interested in doing. If you have any questions or suggestions please contact the Recreation Department and leave a message for Ray Cavallo.

ADULT FITNESS PROGRAMS

Fall registration begins September 10th Winter registration begins December 10th

Sculpt and Tone Total Body Conditioning Class - 12 weeks

Date/Time: Monday &/or Wednesday, 7:00pm - 8:00pm

Beginning September 19th & 21st

One Day Fee: Resident \$120 School District \$150 Non-Resident \$180 Two Day Fee: Resident \$230 School District \$290 Non-Resident \$350

Location: I.K. Benjamin Community Center

Instructor: Dee Boukouzis

This 60-minute total body workout includes a warm-up, exercises for the upper and lower body, abdominal/core conditioning, and stretching. The class also incorporates elements of pilates, hatha yoga and balance work. All fitness levels are welcome. **Equipment to bring:** 3-5 pound dumbbells, yoga mat, sweat towel, and water bottle. Class size limited to 15 participants.

Adult Ballet- 12 weeks

Date/Time: Tuesdays, 7:50pm – 9:00pm Ballet Beginning September 20th **Fee:** Resident \$120 School District \$150 Non-Resident \$180

Location: I.K. Benjamin Community Center

Instructor: Donna Jakeway

Join the fun! This program is now in its eighth season. Work at your own pace and learn the art of ballet. Movements done to various selections of classical music. Ballet barre provided. Dress comfortably.

Yoga for Fitness - 12 weeks

Date/Time: Tuesdays and Thursdays, 6:30pm – 7:30pm

Beginning September 20th & 22nd

One Day Fee: Resident \$120 School District \$150 Non-Resident \$180 Non-Resident \$350 Non-Resident \$350

Location: I.K. Benjamin Community Center

Instructor: Dee Boukouzis

This yoga class combines the ancient Hatha Yoga practice (yoga for health) with modern fitness movements and safety guidelines. This safe and effective yoga program provides strength, cardiovascular conditioning, and flexibility components. **Equipment to bring:** yoga mat, hand towel, and water bottle. Class size limited to 15 participants.

Tactics in Self-Defense for Adults - 12 weeks

Date/Time: Thursdays, 7:15pm – 8:15pm Beginning September 22nd **Fee:** Resident \$120 School District \$150 Non-Resident \$180

Location: Community Room at The Senior Center

Instructor: Alex Lavinio

This class is being offered to adults who are interested in learning basic self-defense skills that will enhance their physical and emotional spirit. In addition to group activities, the instructor will work with individuals to help achieve their goals.

For more information regarding adult programs contact Maureen DePaoli.

ADULT SPORTS

BASKETBALL PROGRAMS

Sunday Morning Basketball

* Participants must be at least 35 years of age *

Date: Sundays, begins Sept. 18th-June 18th **Session #1:** Time: 7:00am - 11:00am

Fees: Resident \$225 School District \$325 Non-Resident \$425

Location:

Irvington High School or Main Street School Gym maximum enrollment - 40

participants

Thursday Night Men's Basketball

* Participants must be at least 18 years of age *

Date: Thursdays – begins Sept. 22nd through May 25th

Time: 8:00pm - 10:00pm

Fees: Resident \$75 School District \$125 Non-Resident \$150

Location: Irvington High School or Main Street School Gym

Saturday Morning Adult Indoor Soccer —

Time: 7:00am - 9:00am begins Nov.19 through April 8th

Fee:- Resident \$125 School District \$155 Non-Resident \$185

Location: Irvington Middle School Gym

Pick-up soccer games for adults only.





SENIOR CITIZEN PROGRAMS

The Senior Citizen Center is located at 29 Bridge Street at Scenic Hudson Park in Irvington. For information call Joan Armstrong at 591-7786 or 591-8329.

Office hours: 8:00am - 3:00pm

The Senior Citizen Program is available to residents 55 years and older living in the Village of Irvington and the Irvington School District. The program offers in-club activities, trips, various artistic and cultural instruction and most of all, socialization. The Senior Director, Joan Armstrong, is available to assist with completing medical forms, as well as supplying information on housing alternatives, arrangements for homemaker services, and meals-on-wheels. In addition, Mrs. Armstrong can answer any questions regarding nursing home placements.

FUTURE SENIOR TRIPS/EVENTS

September 14th - Sagamore Hill – Home of Theodore Roosevelt. Tour of South Hampton village and mansion. Includes lobster bake with entertainment. **Fee: \$46.00**

October 5th - October Fest at Rudy's Beau Rivage. Enjoy a great German meal and the number one Bavarian Polka Band in the United States. Fee: \$34.00.

October 11th – Columbus Day Dinner at the Senior Center. Enjoy some great Italian cuisine. Begins at 4:00pm. Fee: \$53.00.

October 26th – Visit Sotheby's a world famous auction house. Dine at Petaluma Restaurant.

November 3rd - Flu shots 9:00am – 11:00am. Please register for this clinic as soon as possible, as there is a limited number.

November 7th - Foxwoods - "The Wonder of it All". Includes \$25.00 bonus package.

November 23rd – Annual Thanksgiving Luncheon co-sponsored by the O'Hara Foundation and the Irvington Recreation and Parks Department. This traditional holiday meal will be served at noon at the Senior Center. Sign-up is necessary and there is no fee!

December 3rd - Holiday Happening – Support the Irvington Seniors and buy some goodies and crafts!

December 7th – Christmas around the world. Enjoy the holidays with good food and wonderful music. Fee: \$38.00

January 5th - Special exhibit at the Guggenheim Museum – Russia. You will see more than 250 of the greatest masterpieces of Russian art from the thirteenth century to the present. Details TBA.

** WANTED** Seniors to take a cruise to the Caribbean in the Spring 2006. All welcome, friends and family!

SENIOR CITIZEN WEEKLY SCHEDULE:

Yoga Monday 10:30am

Line Dancing Monday 10:30am

Swimming Tuesdays at YMCA Tarrytown, 10:30am – 11:15am

Exercise Class Tuesdays, 11:00am & Thursdays, 9:15am

Meetings Tuesdays, 1:00pm – 3:00pm

Shopping Wednesdays, Stop & Shop, Tarrytown; Fridays, Stop & Shop, Dobbs Ferry **Book Club** Second Wednesday of each month at the library

Bridge Thursdays, 10:30am

Knitting Club Fridays, 10:00am - 12:00pm

Bagels for Breakfast 1st Friday of the month

Midnight Run - Sandwich making for the homeless Second Friday of the month 9:00am

L.E.O. Club — "Let's Eat Out" – 3rd Friday of every month

Please Note: Beginning September 12, 2005 there will be fees charged for the Yoga, Exercise, and Line Dancing programs. In order to participate in any of these programs, every senior citizen will be required to register for the program, as well as obtain medical clearance from their physician. A medical clearance form is available at the Senior Center. For further info contact Joan Armstrong 591-7786.

"FISH""- Friends In Service Here

Irvington/ Dobbs Ferry FISH (I.D.F. FISH) is an all-volunteer community service organization serving the people of both villages primarily by transporting fully mobile clients to medical appointments roughly within a 10-mile radius, and lending supermarket-shopping assistance to the homebound.

Requests for other services of a similar nature are considered on a case-by-case basis. If you would be willing to volunteer one day of your time each month for telephoning, or to drive people to a medical facility, call 674-6251 and someone will contact you. I/DF FISH is not a substitute or alternate for the volunteer ambulance corps of either village. Financial support is from voluntary contributions; tax-exempt status (501 c3) is pending.

HALLOWEEN EVENTS

Registration begins Saturday, September 10th

PAINT A PUMPKIN Family event

Date/ Time: Saturday, October 15th, 11:00am - 2:00pm

Fee: \$10 includes pumpkin and paints

Location: Matthiessen Park

Rain date: Sunday, October 16th 11:00am - 2:00pm

An adult must accompany child. Participant should bring materials for decorating pumpkin. Bring along a box for carrying pumpkin home. Registration begins 9/10. **Pre-registration is required.**

STUFF A SCARECROW Family event

Date/Time: Saturday, October 15th, 11:00am - 2:00pm

Fee: \$10 includes hay and twine Location: Matthiessen Park

Rain date: Sunday, October 16th 11:00am - 2:00pm

An adult must accompany child. Participant should bring clothes, decorations etc. Optional: bring a stick for securing scarecrow. Registration begins 9/10. **Pre-registration is required.**

HALLOWEEN PARADE \ Family event

Date/Time: Sunday, October 30th, 2:15pm - 3:30pm

An adult must accompany child. Parade begins in the Immaculate Conception School parking lot at 2:15pm and ends in the Main Street School Parking lot. Refreshments, trick or treat bags, and music will be provided. Event ends at 3:30pm. Co-sponsored by the Irvington Fire Department.

For more information regarding Halloween events, contact Maureen

DePaoli.

RECREATION DEPARTMENT SPECIAL EVENTS

O'HARA YOUTH INVITATIONAL 10th ANNUAL BASKETBALL TOURNAMENT

The event will be held on November 12th, 13th, 18th, 19th, and 20th. The Student vs. Faculty game will be played at 8pm at Friday, November 18th. The tournament will be played at the High School Campus. The tournament is organized by the Recreation and Parks Department along with a large corps of volunteers. All proceeds are donated to The O'Hara Foundation, which in turn makes contributions to various causes and organizations as a tribute and memorial to Janet, Jack, and Caitlin O'Hara. To volunteer for this great event, contact Angela Linsalato call 591-7736 or e-mail

alinsalato@irvingtonny.gov

IRVINGTON TURKEY TROT - 2.5 miles

Date: Sunday, November 20th (rain or shine)

Time: Race begins at 1:30pm

Location: Dows Lane School parking lot

Fee: Resident: \$10 adult/\$8 youth (14 years old and younger) Non-Resident: \$15

Day of event registration 11/20:

12:00pm – 1:00pm at Dows Lane School Cafeteria.

Race begins at 1:30pm in Dows Lane parking lot; proceeds to Broadway, Sunnyside Lane, the Aqueduct and ends in Memorial Park.

Medals will be presented between 2:45pm - 3:00pm.

Pre-registration begins on November 1st at the Recreation Department.

For more information call Maureen DePaoli.





Community News

IRVINGTON BEAUTIFICATION COMMITTEE

Established in 1989 under the oversight of the Recreation and Parks Department, this committee of volunteers strives to improve the aesthetic appearance of the Village and encourage community participation in keeping the Village beautiful, clean, and safe for all of its residents. Volunteers plant the flower boxes and barrels along Main Street with seasonal flowers, decorate the downtown area with evergreens for the winter holidays, design and maintain the landscaping at public sites such as the War Memorial and Ambulance Corps, and assist with the landscaping maintenance at Scenic Hudson Waterfront Park. To plan their activities, they meet the last Monday of every month at 9:30am at the Recreation Center, 71 Main Street. New volunteers are always welcome and need no gardening experience! For additional information, call Rita Milo at 591-6089, Anne Myers at 591-6402, or the Recreation Department at 591-7736.

IRVINGTON CHAMBER OF COMMERCE

FALL SIDEWALK AND BOOK SALE Saturday, October 8th 10:00am-5:00pm

SEARCH FOR RIP VAN WINKLE Sunday, October 30 12:00pm-1:45pm

HOLIDAY HAPPENING Saturday, December 3 10:00am-5:00pm

For complete information regarding chamber events, visit: **www.irvingtonnychamber.com**

"Calling all Civil War buffs!" THE WESTCHESTER CIVIL WAR ROUNDTABLE

The Westchester Civil War Round Table usually meets on the third Friday of the month September through June, except for April, which is held for our annual field trip to a known Civil War era historic site. We meet at Pace University in Pleasantville. Some meetings include guest speakers, authors, and historians such as Harold Holzer. Others are group discussions or "round tables" in which members are encouraged to participate. For more information contact President Laura Lee M. Keating at (914) 739-0154.

The 2005 SWIM ACROSS THE HUDSON FOR MS SUNDAY, SEPTEMBER 11, 2005

Participants will swim 3 miles across The Hudson River to show their support for the fight against Multiple Sclerosis- a chronic, often disabling disease of the central nervous system that usually strikes adults in the prime of life between the ages of 20 and 50. Each swimmer is required to raise a minimum of \$350 in contributions to help us reach our goal of \$165,000.00. We are looking for swimmers, kayakers, and volunteers to help make the "Swim Across the Hudson" a success. Please register today by calling 914-694-1655 ext. 32. www.nationalmssociety.org

FAMILIES AND FRIENDS WALK THE COURSE FOR CCFA PROVIDING HOPE FOR CROHNS & COLITIS PATIENTS

On Saturday, September 17th, at 9:30am, families, friends and walkathon enthusiasts will stroll along the riverbank at Scenic Hudson Park at Irvington in support of the Crohn's & Colitis Foundation of America's Pace Setter Walk. For several years, this popular event has attracted hundreds of men, women and children committed to raising funds in order to make a difference in the lives of people suffering from Crohn's disease and ulcerative colitis'— debilitating intestinal diseases collectively referred to as inflammatory bowel disease or IBD. Organized by the CCFA Fairfield/Westchester Chapter, which serves the local community as a resource, this Walk will be filled with fun, refreshments and prizes galore. All proceeds from the Walk will be used to fund research, support groups, and patient and professional educational seminars.

For more information about becoming a participant, a sponsor, or a member of CCFA, call Jane Katz at (914) 328-2874 or email **ikatz@ccfa.org**.

IRVINGTON POLICE DEPARTMENT Child Passenger Seats

One of the services that the police department gladly offers to Village residents is the inspection and installation of child passenger seats. We presently have three officers who have attended extensive training and are certified as Child Passenger Safety Technicians by the National Highway Safety Administration. Upon request, these officers will check the safety of a specific car seat. They will then check on its installation and make necessary corrections. To schedule an appointment, contact P.O. Peter Carelli, 591-8080, Monday through Friday between 8:00am – 4:00pm.

Parking

With the resumption of fall sports leagues, many more residents will be using the Village parks. Coaches, participants, and spectators are asked to observe all parking regulations. Reckless parking and blocked roadways are more than an annoyance or a violation. They present a safety hazard for the people using the park and the residents of the immediate neighborhoods. In an emergency, emergency service vehicles (police, fire, and ambulance) need clear access. Clearing a blocked roadway could waste precious time. Enjoy the parks but please adhere to the regulations.

Helmet Safety

Outdoor activities such as bicycle riding, skateboarding, and rollerblading are popular. In Irvington, the Village Code requires the **wearing of a helmet by persons of all ages** for any of these activities. More importantly, the use of a helmet reduces the possibility or the severity of injury, if a fall occurs. Parents are urged to require that their children wear a helmet, and in addition, set a positive example by wearing one themselves.

IRVINGTON TOWN HALL THEATER

FALL/WINTER 2005/2006 Schedule of Performances

Box Office Phone: (914) 591–6602 or Theater Manager: (914) 591–5434 Box Office Hours: Thursday & Friday 10:30pm-3:00pm & Saturday 10:00am - 12:00pm Website: www.irvingtontheater.com

SEPTEMBER

17	Sat.	10am- 3pm	Westchester Teen Idol Auditions, PMT Productions
18	Sun.	12pm- 8pm	Westchester Teen Idol Auditions, PMT Productions
24	Sat.	8:00pm	Swing! Westchester Jazz Orchestra
25	Sun.	12pm-8pm	Westchester Over the Hill Auditions, PMT Productions
29	Thu.	10, 12:30	Miss Nelson Is Missing, Westco Productions School Show
30	Fri.	10, 12:30	Miss Nelson Is Missing, Westco Productions School Show

OCTOBER

1	Sat.	8:00	An Evening with Roger McGuinn, Mainstage Events
8	Sat.	8:00	Phantom Comes to Irvington , Broadway Concerts Direct
15	Sat.	8:00	Eddie from Ohio with guest Aztec Two Step, Mainstage Events
18,	19, 20	10 &12:30	Lets Explore the Explorers, Westco Productions
22	Sat.	8:00	Steve Forbert & Susan Werner, Mainstage Events

NOVEMBER

5, 12	Sat.	8:00	Guys & Dolls, Irvington Town Hall Theater Foundation
6, 13	Sun.	2:00	Guys & Dolls, Irvington Town Hall Theater Foundation
11	Fri.	8:00	Guys & Dolls, Irvington Town Hall Theater Foundation
18	Fri.	7:00	The Secret Garden , Broadway Training Center
19	Sat.	7:00	The Secret Garden, Broadway Training Center
20	Sun.	3:00	The Secret Garden , Broadway Training Center
25	Fri.	7:30	Over the Hill Idol, PMT Productions
26	Sat.	7:30	3 rd Annual Westchester Teen Idol, PMT Productions

DECEMBER

2	Fri.	7:30	Christmas Crackers 2005! Sleepy Hollow Performing Arts
3	Sat.	2 & 7:30	Christmas Crackers 2005! Sleepy Hollow Performing Arts
4	Sun.	1:00	Godspell, Westchester Dreamcoats
4	Sun.	8:00	All Star Broadway Holiday Concert, Leftfield Productions
10, 1	17 Sat.	8:00	TBA Play Group Theatre www.playgroup.org
11, 1	18 Sun.	1:00	TBA Play Group Theatre www.playgroup.org
30	Fri.	1:30	David Grover & Big Bear Band
31	Sat.	1:30	David Grover Snow Date

JANUARY

8 Sun. 8:00	Snow Date All Star Broadway Holiday Concert
13, 14Fri., Sat.8:00pm	TBA Little Village Playhouse - <u>www.LittleVillagePlayhouse.com</u>
15 Sun. 2:00pm	Little Village Snow Date
20, 21 Fri., Sat.7:30pm	The Wiz, Cagle & Company Jr. Teen Troupe
22 Sun. 5:00pm	The Wiz Snow Date
28 Sat. 8:00pm	Horace Silver and Bill Evans, Westchester Jazz Orchestra
29 Sun. 2:00pm	Westchester Jazz Orchestra Snow Date

IRVINGTON LIBRARY

Fall programing at the library will begin after Labor Day.

September 22nd "Thursday Night Movies" - "Strictly Ballroom", starring Paul Mercurio and Tara Morice at 7pm. Refreshments will be served.

October 5th "Thursday Night Movies""—"Billy Elliott", starring Jamie Bell and Julie Waters at 7pm. Refreshments will be served.

September 14th 5:30pm Beginning Internet classes. Classes will be held throughout the fall. Please call to register or to inquire about future classes.

In addition, fall will bring a return of the "Borderline Poetry Café", a variety of concerts, and a discussion by local author Lea Lane of her recent book <u>Traveling Solo</u>. Our two monthly book clubs will resume in September.

In the children's room, September will bring story hours for all ages, including infants! The popular children's and young adult book clubs are now forming for different grades and ages. They are held on Tuesday and Thursday evenings. Many special programs have been planned for the fall, including a visit by Thomas Alva Edison! Please call for dates, times and book selections.

For more information, or to register for any of the library programs, please call 591-7840.

You can also visit us on the web at www.irvingtonlibrary.org



Special Recreation:

The Greenburgh Parks and Recreation Department, in cooperation with the New York State Office of Mental Retardation and Developmental Disabilities, offers a variety of recreation programs for those who are developmentally disabled. To participate in the program the following is required:

- You must fill out the Special Recreation Annual Information Form
- New program participants must have a personal interview by the Director of Special Recreation with the prospective participant and parent/guardian.
- Blank forms can be picked up at the Administration Office at Anthony F.
 Veteran Park.

The Town continues to provide programs and services for the developmentally disabled. Under the Department of Parks and Recreation, a full-time Director of Special Recreation, Noel Broccoli, CTRS, administers and coordinates activities for disabled residents in the unincorporated area of Greenburgh, and the incorporated Villages of Ardsley, Dobbs Ferry, Elmsford, Hastings, Irvington, and Tarrytown.

Special Recreation Fall/Winter Programs Include:

Dine Around Program
Fun Night
Rec Night
Special Olympics
Horseback Riding Program
Tennis
Adapted Cooking
Adapted Sports
Arts and Crafts
Vacation Camps
Challenger Basketball
Community Awareness
Adaptive Swimming



Virginia Road Elementary School

In the spring of 2002, through a cooperative agreement with the Valhalla School District, a state of the art playground at Virginia Road School was built. The playground is 100% accessible and 75% wheelchair accessible. The playground is opened to residents during non-school hours and open to all children with developmental and physical disabilities.

For information regarding new Special Recreation programs, registration procedures, and fees please call (914) 693-8985 x128.

Village of Irvington Phone Numbers

Ambulance Corps	591-5151
Fire Department	591-9867
I/DF FISH	674-6251
Library	591-7840
Police Department (non-emergency)	
Recreation & Parks Department	591-7736
	591-7762
Fax Number	591-7110
Senior Citizen Information and Appointments	591-8329
	591-7786
Theater	591-6602
Village Hall	591-7070
Youth Officer	591-5930
Fire / Police / Medical Emergencies	Dial 911

Web site:

www.irvingtonny.gov

Joseph D. Archino, Superintendent:

jarchino@irvingtonny.gov

Maureen E. DePaoli, Assistant Superintendent:

mdepaoli@irvingtonny.gov

Angela M. Linsalato, Recreation Assistant:

alinsalato@irvingtonny.gov

Village of Irvington
Department of Parks & Recreation
71 Main Street
Irvington, NY 10533
914-591-7736

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